April, 2019

To Whom It May Concern,

I have known Anne Kaarid for a number of years and am pleased to offer her a character/practitioner reference. I was a Registered Massage Therapist for over 30 years when I retired a few years ago. And I also taught techniques at Sutherland-Chan School in Toronto for many years.

When Anne lived in Owen Sound, she and I exchanged treatments on a monthly basis and I always felt I was in good hands when I was lucky to be on the receiving end. I learned some new techniques from her and shared some of my hands-on wisdom with her as well. I was always impressed by how quickly she picked up any tips and techniques I offered to her.

Anne not only has gifted hands but has a lovely spirit that shines through everything she does. I consider her to be a hard worker, honest, ethical as well as being kind and compassionate with a good head on her shoulders. I believe she can do anything she sets her mind to.

Yours truly,

Pauli Schell

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