Debra Cody P. O. Box 352 Ailsa Craig, ON NOM 1A0

It is my honour to provide a recommendation for Anne Kaarid. I became acquainted with Anne during her time as a student in the Massage Therapy program at triOS College. I very much enjoyed working with Anne and supporting her in her educational journey.

Anne has made many valuable contributions to our school community and worked hard to get the most out of her college experience. Her passion for learning shines brightly as she tutors other students through her volunteer work with the Peer Assisted Learning Program. Anne contributed her artistic talent to a small mural of our logos on the wall in the Student lounge area and has shared her love of cooking at many potlucks.

Anne has impressed me with her commitment to lifelong learning by attending industry workshops at her own cost and on her own time.

Anne goes out of her way to elicit feedback from her instructors and fellow students, inviting them to share their advice and experiences with her. It is this commitment to learning and personal growth, that makes Anne an outstanding student.

Anne is charismatic and creative, and she thinks outside the box. She has developed a strong rapport with her classmates and instructors that is characterized by mutual respect.

She empowers other students and positively promotes the Massage Therapy program and the profession of Massage Therapy.

Beyond her strengths here at the College, Anne is active in her Church community, runs her own business and still finds time to feed her joys of dance and music.

Anne has my highest recommendation and I look forward to seeing more of what lies ahead for her in her professional future. Please do hesitate to contact me if you require more information.

Sincerely,

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